

## Finger Fracture



### Overview

If you've fractured a finger, you've broken one or more of the finger bones we call "phalanges." Each individual bone is called a "phalanx." You've got three in each finger, and two in each thumb. They are supported by a network of soft tissues that can also be damaged during a fracture.

### Causes

You can fracture a finger in many ways. Bending, twisting and crushing injuries can all do it. With some breaks, the broken parts of the bone stay aligned with each other. But with others, they shift out of alignment. We call this a "displaced" fracture.

### Symptoms

A finger fracture can cause pain and swelling. Your finger may be bent out of its normal position, and you may have trouble moving it. Your skin may bruise.

### Treatment

Some fractures can be treated with a splint or a cast. But a severe fracture may need surgery. Your healthcare provider can create a plan that's right for you.

